

# ACTIVITY CALENDAR!

SENIOR SERVICES, INC. 84 SOCIAL ST  
WOONSOCKET, RI 02895  
401-766-3734

*\*Classes marked NS\* are held at  
Scouter's Hall, 13 Main St, North Smithfield*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		9:30 Knit and Crochet—Unavailable 1 10:00 Senior Fitness 11:30-2:00 Pool & Pub Lunch <i>By reservation only— See Office</i> 12:30 BINGO 2:00 Tap Class 3:00 Yogalates	9:00-10:30 Blood Pressure Clinic 2 10:00 ZUMBA GOLD <b>NS*</b> 10:30 Entertainment by Steve Burke sponsored by Woonsocket Health & Rehabilitation 12:30 BINGO <del>4:00 Beginner Line Dancing –Cancelled</del> 2:00 Line Dancing 3:00 Ballet Class 6:00 Cribbage League	10:00 Chair Exercise 12:30 BINGO 11:30-2:00 Pool & Pub Lunch <i>By reservation only— See Office</i> <b>1:00 MOVIE &amp; POPCORN</b> <i>Movies are listed in the newsletter and posted</i>
8:00 Pitch League 6 <del>9:30 Knit and Crochet—Unavailable</del> 10:00 ZUMBA GOLD <b>NS*</b> 11:00 Chair Exercise <b>NS*</b> 12:30 BINGO 1:00 Seniors in Motion	10:00 Tap for Fun 7 10:30 Lunch & Learn: Beckwith Lodge Sponsored by United Health Care 9:00 – 11:30 Podiatry Clinic by appt. 10:30 URI Nutrition 12:30 BINGO 1:30 ZUMBA GOLD	9:30 Knit and Crochet—Unavailable 8 10:00 Senior Fitness 11:30-2:00 Pool & Pub Lunch <i>By reservation only— See Office</i> 12:30 BINGO 2:00 Tap Class 3:00 Yogalates	9:00-10:30 Blood Pressure Clinic 9 10:00 ZUMBA GOLD <b>NS*</b> 10:30 Entertainment by Vini Ames sponsored by Trinity Health & Rehabilitation 12:30 BINGO <del>4:00 Beginner Line Dancing Cancelled</del> 2:00 Line Dancing 3:00 Ballet Class 6:00 Cribbage League	10:00 Chair Exercise – Cancelled 12:30 BINGO 11:30-2:00 Pool & Pub Lunch <i>By reservation only— See Office</i> <b>1:00 MOVIE &amp; POPCORN</b> <i>Movies are listed in the newsletter and posted</i>
8:00 Pitch League 13 <del>9:30 Knit and Crochet—Unavailable</del> 10:00 ZUMBA GOLD <b>NS*</b> 10:30 Lunch & Learn: Gloucester Senior Center – Sponsored by United Health Care 11:00 Chair Exercise <b>NS*</b> 12:30 BINGO 1:00 Seniors in Motion	10:00 Tap for Fun 14 12:30 BINGO 1:30 ZUMBA GOLD	9:30 Knit and Crochet—Unavailable 15 10:00 Senior Fitness 11:30-2:00 Pool & Pub Lunch <i>By reservation only— See Office</i> 12:30 BINGO 2:00 Tap Class 3:00 Yogalates	9:00-10:30 Blood Pressure Clinic 16 10:00 ZUMBA GOLD <b>NS*</b> 10:30 Entertainment by Kim Oakes sponsored by Holiday Retirement 12:30 BINGO 1:00 Beginner Line Dancing 2:00 Line Dancing 3:00 Ballet Class 6:00 Cribbage League	10:00 Chair Exercise 17 12:30 BINGO 11:30-2:00 Pool & Pub Lunch <i>By reservation only— See Office</i> <b>1:00 MOVIE &amp; POPCORN</b> <i>Movies are listed in the newsletter and posted</i>
8:00 Pitch League 20 <del>9:30 Knit and Crochet—Unavailable</del> 10:00 ZUMBA GOLD <b>NS*</b> 11:00 Chair Exercise <b>NS*</b> 12:30 BINGO 1:00 Seniors in Motion	10:00 Tap for Fun 21 10:00-1:00 Diabetes Boot Camp – Sponsored by Blue Cross Blue Shield of Rhode Island 1:30 ZUMBA GOLD	9:30 Knit and Crochet—Unavailable 22 10:00 Senior Fitness 11:30-2:00 Pool & Pub Lunch <i>By reservation only— See Office</i> 12:30 BINGO 2:00 Tap Class 3:00 Yogalates	9:00-10:30 Blood Pressure Clinic 23 10:00 ZUMBA GOLD <b>NS*</b> 10:30 Entertainment by Russ Morency 12:30 BINGO 1:00 Beginner Line Dancing 2:00 Line Dancing 3:00 Ballet Class 6:00 Cribbage League	10:00 Chair Exercise 24 12:30 BINGO 11:30-2:00 Pool & Pub Lunch <i>By reservation only— See Office</i> <b>1:00 MOVIE &amp; POPCORN</b> <i>Movies are listed in the newsletter and posted</i>
<b>MEMORIAL DAY – CLOSED</b> 	10:00 Tap for Fun 28 12:30 BINGO 1:30 ZUMBA GOLD	9:30 Knit and Crochet—Unavailable 29 11:30-2:00 Pool & Pub Lunch <i>By reservation only— See Office</i> 12:30 BINGO 2:00 Tap Class 3:00 Yogalates	9:00-10:30 Blood Pressure Clinic 30 10:00 ZUMBA GOLD <b>NS*</b> 10:30 Entertainment by Robert Black sponsored by Woonsocket Health & Rehabilitation 12:30 BINGO 1:00 Beginner Line Dancing 2:00 Line Dancing 3:00 Ballet Class 6:00 Cribbage League	10:00 Chair Exercise 31 11:30-2:00 Pool & Pub Lunch <i>By reservation only – See Office</i> 12:30 BINGO <b>1:00 MOVIE &amp; POPCORN</b> <i>Movies are listed in the newsletter and posted</i> 4:00 Volunteer Appreciation Dinner