

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 HANUKKAH MEAL Vegetable Soup Beef Brisket, Potato Pancakes Roasted Zucchini Whole Fruit OR Chicken Salad on Wheat Roll	4 Cream of Broccoli Soup BBQ Chicken Thighs Macaroni Salad Spinach Fruit Salad OR Roast Beef on Bulkie	5 Minestrone Soup Roasted Pork Loin w/Gravy Scalloped Potatoes Peas and Onions Coffee Cake OR Cheeseburger on Wheat Roll	6 Cream of Mushroom Soup Oven Fried Chicken Parmesan Cold Pesto Pasta Wax Beans/ Whole Wheat Roll Pound Cake OR Tuna Salad on Wheat Roll	7 Roasted Cauliflower Soup Pasta Bolognese/Whole Wheat Pasta Tossed Salad, Garlic Bread Fruit OR Chef's Salad
10 Lentil Soup Meatball & Pepper Sandwich on Whole Wheat Roll Three Bean Salad/ Chips Fruit OR Ham & Swiss on Wheat	11 Chicken Escarole Soup Mac & Cheese w/ Ham & Peas Roasted Carrot & Cauliflower Oatmeal Raisin Cookie OR Greek Salad w/ Chicken	12 Split Pea Soup Sloppy Joe on Wheat Roll Brussel Sprouts Roasted Potato Fruit Salad OR Seafood Salad on Wheat Roll	13 Kale and Bean Soup Eggplant Parmesan Roasted Chicken Leg Mixed Vegetable Pudding OR Meatball Grinder	14 Corn Chowder German Sausage w/ Sauerkraut and Potatoes Green Beans/Whole Wheat Roll Fruit Cup OR Corned Beef Rueben
17 Tomato Soup Hot Dog (LS) and Beans Cole Slaw Brown Bread Lorna Doone Cookies OR Egg Salad on Wheat	18 Tossed Salad Beef Stew w/Potatoes & Vegetables Whole Grain Biscuit Jell-O OR Turkey Club on Wheat	19 White Bean Soup Chicken Fajitas w/Sour Cream Black Bean Salad / Rice Whole Grain Tortilla Fresh Whole Fruit OR Italian Grinder	20 HOLIDAY MEAL Pasta Faggioli Chicken Cordon Bleu w/ Gravy Mashed Potatoes Italian Green Beans Cake	21 Chicken Barley Soup Lasagna Primavera Roasted Eggplant Italian Bread/Pudding OR Seafood Salad Plate
24 Fresh Fruit Scrambled Eggs Bacon & Sausage Home Fries Whole Grain Waffle w/Syrup	25 SENIOR SERVICES, INC CLOSED 	26 Tortellini Soup Pub Cheeseburger on Whole Wheat Roll / French Fries Broccoli / Fruit Cup OR Cobb Salad	27 NEW YEAR'S CELEBRATION Italian Wedding Soup Beef Bracciale Roasted Potato, Baby Carrots Cake OR Turkey & Swiss on Wheat Roll	28 NE Clam Chowder Fish & Chips Baked Beans Brownie OR Chicken Sandwich on Wheat
31 100% Fruit Juice Omelet Corned Beef Hash w/Potatoes Whole Grain French Toast w/Syrup	JANUARY 1st SENIOR SERVICES, INC CLOSED 	SERVING SIZES Grains – 2 ounces Vegetables – ½cup Fruits – ½ cup Protein – 3 ounces Dairy – 1 cup		

WELCOME!

Our suggested donation is \$3.00 per meal.

The menu is subject to change without notice.

All menu items may contain nuts, seeds, beans, wheat, bran and other potential allergens.

Please call the meal site you wish to attend to reserve your meal!

EBT Cards are accepted at Social Street site!

Call 766-3734 for information.

****PLEASE NOTE:** Per directive from the RI Division of Elderly Affairs and the RI Dept. of Health, Senior Services Inc. cannot allow any perishable foods to leave the congregate meal site.