

Monday	Tuesday	Wednesday	Thursday	Friday
	<p style="text-align: center;">HAPPY ★ NEW YEAR! ★</p>	<p>1 9:30 Knit and Crochet 10:00 Senior Fitness 11:30-2:00 Pool & Pub Lunch <i>By reservation only- See Office</i> 12:30 BINGO 2:00 Tap Class 3:00 Yogalates</p>	<p>2 Blood Pressure Clinic CANCELLED 10:00 ZUMBA GOLD NS* 10:30 ROBERT BLACK sponsored by WOONSOCKET HEALTH & REHABILITATION 12:30 BINGO 2:00 Line Dancing 3:00 Ballet Class</p>	<p>3 10:00 Chair Exercise 12:30 BINGO 11:30-2:00 Pool & Pub Lunch <i>By reservation only- See Office</i> 1:00 MOVIE & POPCORN <i>Movies are listed in the newsletter and posted</i></p>
<p>7 9:30 Knit and Crochet 10:00 ZUMBA GOLD NS* 11:00 Chair Exercise NS* 12:30 BINGO 1:00 Seniors in Motion NS* = North Smithfield Scouter's Hall</p>	<p>8 9:00 – 11:00 Podiatry clinic by appointment 10:00 Tap for Fun 12:30 BINGO 2:00 ZUMBA GOLD</p>	<p>9 9:30 Knit and Crochet 10:00 Senior Fitness 11:30-2:00 Pool & Pub Lunch <i>By reservation only- See Office</i> 12:30 BINGO 2:00 Tap Class 3:00 Yogalates</p>	<p>10 9:00-10:30 Blood Pressure Clinic 10:00 ZUMBA GOLD NS* 10:30 STEVE BURKE sponsored by THE FRIENDLY HOME 12:30 BINGO 2:00 Line Dancing 3:00 Ballet Class</p>	<p>11 10:00 Chair Exercise 12:30 BINGO 11:30-2:00 Pool & Pub Lunch <i>By reservation only- See Office</i> 1:00 MOVIE & POPCORN <i>Movies are listed in the newsletter and posted</i></p>
<p>14 9:30 Knit and Crochet 10:00 ZUMBA GOLD NS* 11:00 Chair Exercise NS* 12:30 BINGO 1:00 Seniors in Motion NS* = North Smithfield Scouter's Hall</p>	<p>15 10:00 Tap for Fun 12:30 BINGO 2:00 ZUMBA GOLD</p>	<p>16 9:30 Knit and Crochet 10:00 Senior Fitness 11:30-2:00 Pool & Pub Lunch <i>By reservation only- See Office</i> 12:30 BINGO 2:00 Tap Class 3:00 Yogalates</p>	<p>17 9:00-10:30 Blood Pressure Clinic 10:00 ZUMBA GOLD NS* 10:30 RUSS MORENCY sponsored by OAKLAND GROVE HEALTHCARE CENTRE 12:30 BINGO 2:00 Line Dancing 3:00 Ballet Class</p>	<p>18 10:00 Chair Exercise 12:30 BINGO 11:30-2:00 Pool & Pub Lunch <i>By reservation only- See Office</i> 1:00 MOVIE & POPCORN <i>Movies are listed in the newsletter and posted</i></p>
<p>21 9:30 Knit and Crochet 10:00 ZUMBA GOLD NS* 11:00 Chair Exercise NS* 12:30 BINGO 1:00 Seniors in Motion NS* = North Smithfield Scouter's Hall</p>	<p>22 10:00 Tap for Fun 12:30 BINGO 2:00 ZUMBA GOLD</p>	<p>23 9:30 Knit and Crochet 10:00 Senior Fitness 11:30-2:00 Pool & Pub Lunch <i>By reservation only- See Office</i> 12:30 BINGO 2:00 Tap Class 3:00 Yogalates</p>	<p>24 9:00-10:30 Blood Pressure Clinic 10:00 ZUMBA GOLD NS* 10:30 VINI AMES sponsored by TRINITY HEALTH & REHAB 12:30 BINGO 2:00 Line Dancing 3:00 Ballet Class</p>	<p>25 10:00 Chair Exercise 12:30 BINGO 11:30-2:00 Pool & Pub Lunch <i>By reservation only- See Office</i> 1:00 MOVIE & POPCORN <i>Movies are listed in the newsletter and posted</i></p>
<p>28 9:30 Knit and Crochet 10:00 ZUMBA GOLD NS* 11:00 Chair Exercise NS* 12:30 BINGO 1:00 Seniors in Motion NS* = North Smithfield Scouter's Hall</p>	<p>29 10:00 Tap for Fun 12:30 BINGO 2:00 ZUMBA GOLD</p>	<p>30 9:30 Knit and Crochet 10:00 Senior Fitness 11:30-2:00 Pool & Pub Lunch <i>By reservation only- See Office</i> 12:30 BINGO 2:00 Tap Class 3:00 Yogalates</p>	<p>31 9:00-10:30 Blood Pressure Clinic 10:00 ZUMBA GOLD NS* 10:30 Entertainment to be announced 12:30 BINGO 2:00 Line Dancing 3:00 Ballet Class</p>	